Department of Defense TOL Blue Button

BlueButton
Download/Share
my data

For More Information

Sign up to receive TOL News and Events Emails
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TOL Customer Service
Available 24/7/365
1 (800) 600 9332

OCONUS Telephone Numbers located at "Contact Us"

Defense Health Services Systems
DHSS
Program Executive Office

What is the Department of Defense TOL Blue Button?
The Department of Defense (DoD) Blue Button is hosted on TOL. You can login to TOL with your Common Access Card (CAC), Premium Department of Defense (DoD) Self-Service (DS) Logon, or Defense Finance and Accounting Services (DFAS) myPay accounts, to view, download, print, or share your available Personal Health Data (PHD).

What are the benefits of the DoD TOL Blue Button?
- Provide convenient access to your PHD
- Engage/encourage participation in your own health care
- Allow you to populate a Personal Health Record of your preference, *share data with your family, care giver, DoD provider, non-DoD health care system or provider, and/or keep/store it as part of your personal records

What personal health data does the DoD TOL Blue Button provide?
- Outpatient medication profile (DoD and VA data)
- Allergy profile (DoD and VA data)
- Problem lists (DoD and VA data)
- Encounters (DoD data only)
- Laboratory results (DoD and VA data)
- Radiology results (DoD and VA data)
- Vital signs (DoD and VA data)

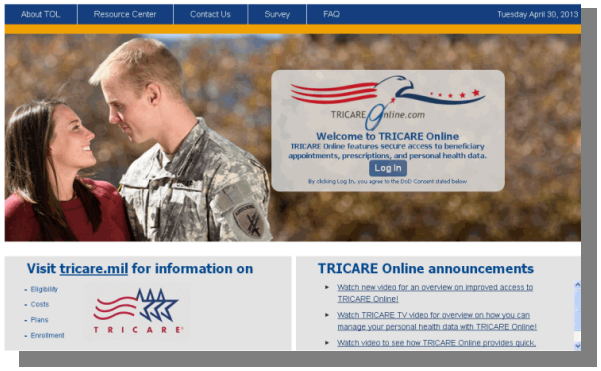
What features does the DoD TOL Blue Button provide?
- Tailor PHD preferences to view all available PHD or a summary of select PHDs
- Choose to download and save in portable document format (.pdf), text (.txt), or an XML-formatted continuity of care document (CCD)*
- Download and save PHD to your own computer
- Print your PHD
- *Share your PHD

*See page 2 for CCD file sharing instructions

Visit TOL at www.tricareonline.com

How do I download my DoD Blue Button Personal Health Data from TOL?

1



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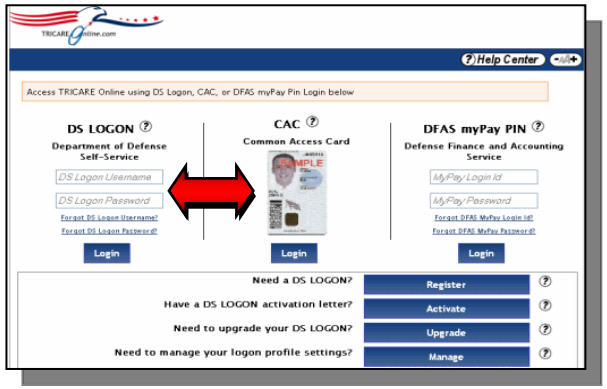

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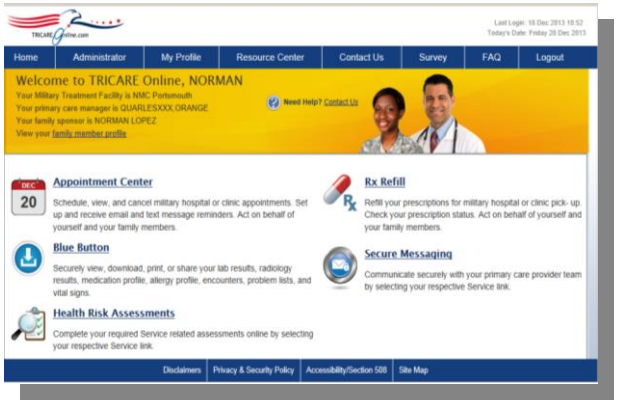

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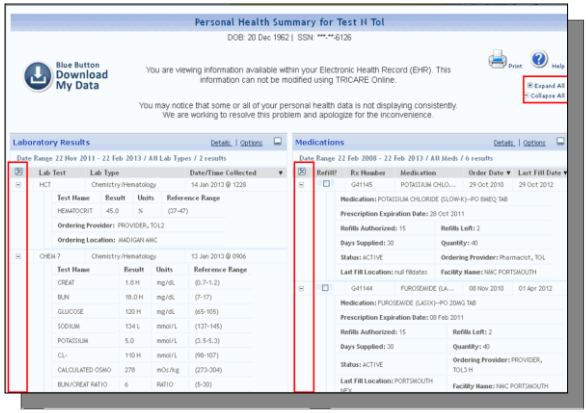


5

1 Go to www.tricareonline.com and click “**Log in**”.

2 Log in with your Premium DS Logon, DoD CAC or DFAS myPay account. If you do not have an account, click “**Register**”.

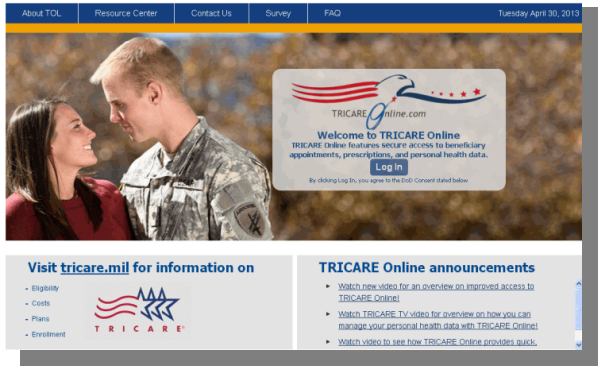
3 Click the “**Blue Button**” to access your personal health data.

4 By default, TOL displays a summary of your personal health data. Select the “**+**” symbol to expand all of your personal health data. Select the “**-**” symbol to collapse all of your personal health data into a summary.

5 Select the “**Blue Button Download My Data**” icon to save personal health data to your computer or print. Specify the data types, date range and file format to download your data.

How do I download my DoD CCD from TOL?

1



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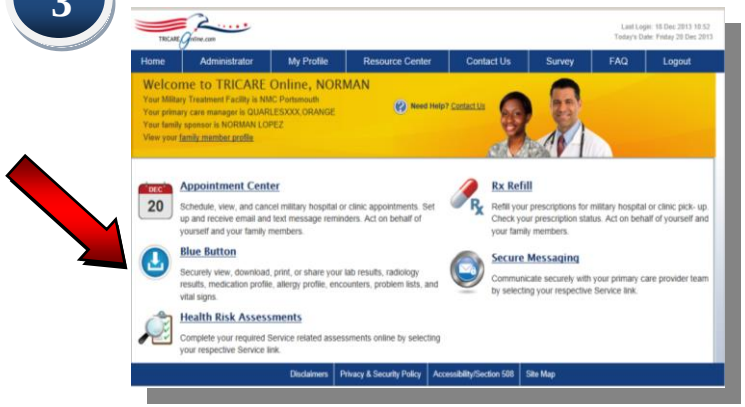

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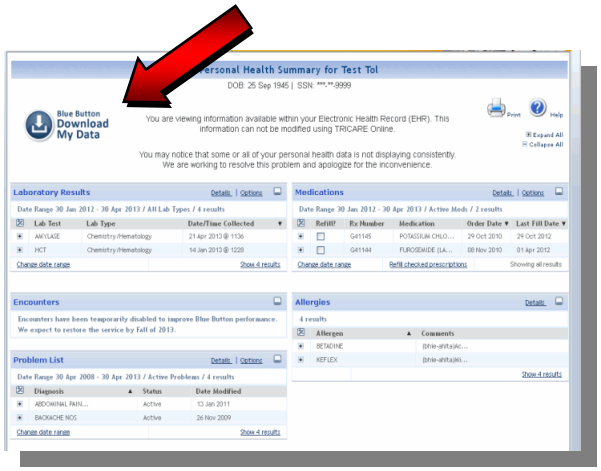

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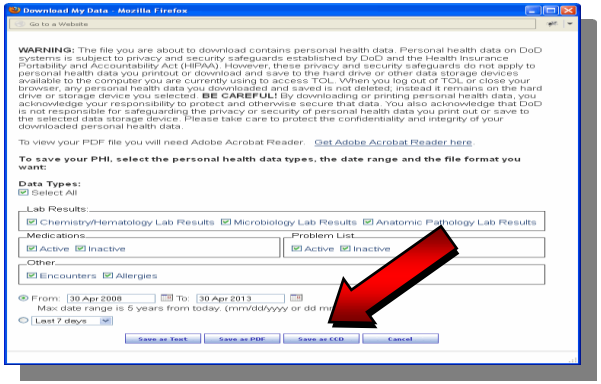

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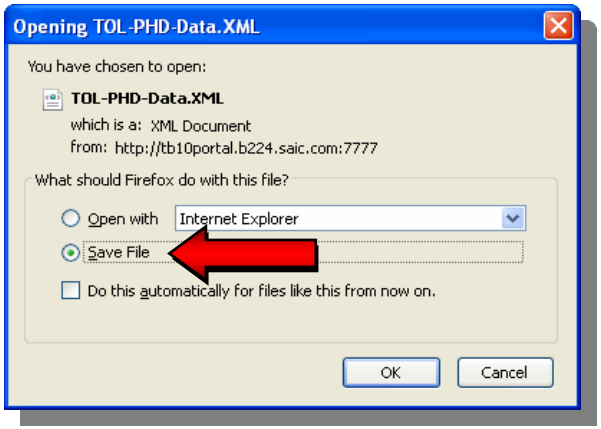

1 Go to www.tricareonline.com and click **"Log In"**.

2 Log in with your Premium DS Logon, DoD CAC or DFAS myPay account. If you do not have an account, click **"Register"**.

3 Click **"Blue Button"** to access your personal health data.

4 Click **"Blue Button Download My Data"**.

5 Select the data types and the date range that you want to download, then click **"Save as CCD"**.

6 In the open file dialog box, select **"Save File"**, click **"OK"** and save in the location where you want to store the file on your device.

How do I upload my DoD CCD into RelayHealth?

1

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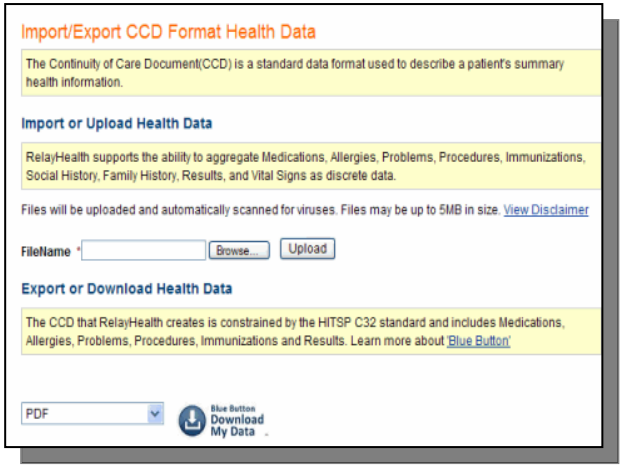
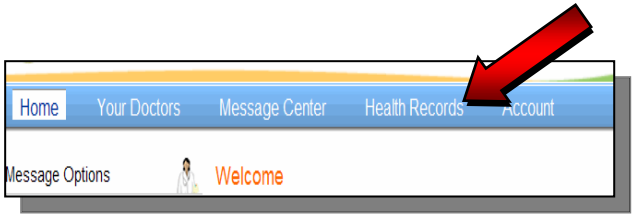


1 Sign in to RelayHealth.

2 Click on **"Health Records",** click **"Import/Export Health Data".**

3 Click "Browse" to locate your TRICARE Online Blue Button CCD file, then click **"Upload".**

2



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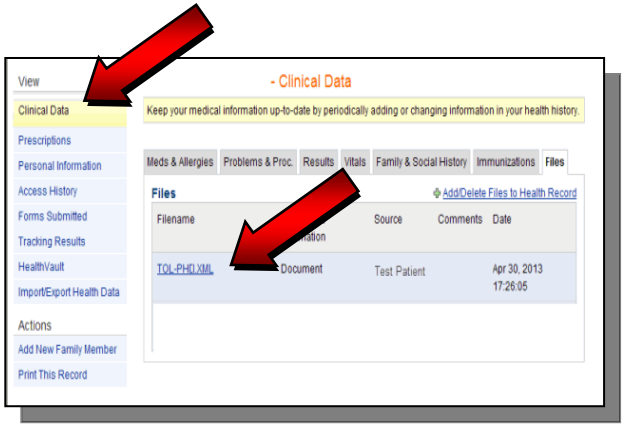

4 To view your imported data, click **"Clinical Data",** then click on the filename link. A new browser window will open, displaying the TRICARE Online personal health data summary now contained in your PHR.

How do I upload my DoD CCD into Microsoft HealthVault?

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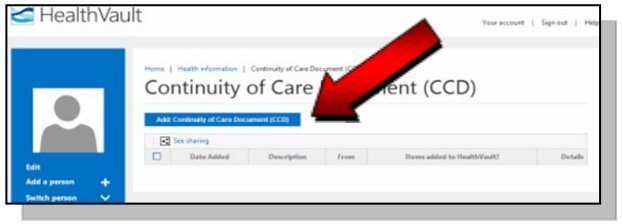

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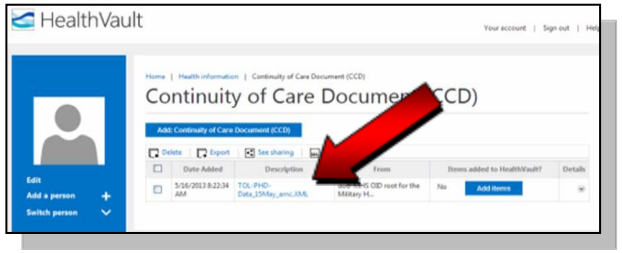

1. Sign into Microsoft Vault.
2. Access "**Health Information**" from left navigation bar.
3. Access the "**Continuity of Care Document (CCD)"** under the "**Files"** heading.
4. Click the "**Add Continuity of Care Document (CCD)**" button.
5. Click the "**Browse**" button to locate your TRICARE Online Blue Button CCD file then click "**Save**".
6. To view your CCD file, click on the file name under "**Description**".