



Your Supervisor and/or First Sergeant are your first resource, but there are many more!

PHONE NUMBERS	677-6930	677-2674	677-4501	677-3932	800-222-0364	677-2711	677-3733	677-3300	677-6930	730-4633	677-2674	363-7272	677-6383
PRIMARY CONCERN	A&FRC	ADAPT	BHOP	Chaplain 100% Confidential	Civilian EAP*	Family Advocacy	Health Promotions	Legal Office*	MFLC	Medical Provider	Mental Health	SARC	School Liaison (SLO)
Abuse/Neglect													
Alcohol/Drugs													
Anger Issues													
Anxiety/Panic													
Chronic Depression													
Deployment/Relocation													
Finances													
Grief/Death													
Marriage & Family													
Medication													
Nutrition & Fitness													
Parenting													
Relationships													
Sexual Assault													
Situational Depression													
Special Needs													
Suicidal/Homicidal Thoughts													
Tobacco Cessation													
Work/School													

Description of Dover Air Force Base Helping Agencies

A&FRC

Airman & Family Readiness Center

The Airman & Family Readiness Center (A&FRC) supports individuals, families, and leadership with programs and services to strengthen communities, encourage self-sufficiency, enhance mission readiness, and ease adaptation to the Air Force way of life. The A&FRC serves singles, couples, and families. The local Air Force Aid Society (AFAS) office is located within the Dover AFB A&FRC.

BENEFICIARIES SERVED -- A&FRC: Military members of all branches of service, DoD employees, and their families.

BENEFICIARIES SERVED -- AFAS: Those meeting military eligibility requirements. Contact Dover AFB AFAS office for details at 302-677-6930.

LOCATION: 846 Sumner Drive (base housing area)

PHONE: 302-677-6930

WEBSITE LINKS: www.dover.af.mil/units/436thairmanandfamilyreadiness/index.asp and www.dover.af.mil/caf/index.asp

ADAPT

Alcohol & Drug Abuse Prevention & Treatment

The Alcohol and Drug Abuse Prevention and Treatment (ADAPT) Program provides services to military members impacted by drug and alcohol problems. Assessments are provided as well as educational briefings and treatment services. ADAPT is located within the Dover AFB Mental Health Flight in the 436th Medical Group Clinic. ADAPT is an outpatient clinic open M-F 0730-1630 hrs. All urgent issues that occur after hours should be evaluated by the closest emergency room.

BENEFICIARIES SERVED: Active duty service members of all branches and Reservists on active orders.

LOCATION: 300 Tuskegee Blvd.

PHONE: 302-677-2674

WEBSITE LINKS: www.dover.af.mil/caf/adapt.asp and www.dover.af.mil/caf/index.asp

BHOP

Behavioral Health Optimization Program

The Behavioral Health Optimization Program (BHOP) is a short term counseling service provided within the Family Practice Medical Clinic. Patients can be referred to the BHOP Psychologist by their primary care provider. The BHOP is located in the Family Health Clinic within the 436th Medical Group Clinic.

BENEFICIARIES SERVED: The BHOP Psychologist serves all beneficiaries enrolled beginning at 16 years of age to include dependents. The BHOP Nurse serves all beneficiaries enrolled beginning at 18 years of age to include dependents.

LOCATION: 300 Tuskegee Blvd.

PHONE: 302-677-4501

WEBSITE LINK: www.dover.af.mil/units/436thmedicalgroup.asp

Chaplain

Chaplain

The Dover AFB Chaplain Corps provides spiritual support, pastoral care, and counseling for individuals, couples, and families. Pastoral counseling is 100% confidential and any topic can be discussed. No medical or PRP documentation is recorded.

BENEFICIARIES SERVED: DoD ID card holders.

LOCATION: Chapel 1 is located at 417 Tuskegee Blvd. and Chapel 2 is located at 2998 Old Lebanon Road (base housing area)

PHONE: 302-677-3932

AFTER DUTY HOURS: Contact Command Post at 302-677-4201 and ask to speak with the Duty Chaplain

WEBSITE LINKS: <http://www.dover.af.mil/units/436thawchaplain.asp> and <http://www.dover.af.mil/caf/index.asp>

Civilian EAP

Civilian Employee Assistance Program

Civilian Employee Assistance Program (EAP) / Federal Occupational Health Employee Assistance Program

Dover AFB civilian employees can meet or speak with an experienced, licensed EAP counselor who is available in your community to provide consultation, short-term problem solving, coaching, or crisis management concerning work, relationships, family, health, finances, or substance abuse. Civilian EAP also offers access to legal and financial services and assistance with child and elder care, as well as health and wellness issues to include many on-line resources. EAP services are offered as a free benefit and services are confidential within the limits of the law.

NOTE: The Civilian EAP service contract is subject to change. Please contact Civilian Personnel at 302-677-4655 with any questions.

BENEFICIARIES SERVED: AMC civilian employees, both appropriated fund (APF) and non-appropriated fund (NAF).

LOCATION: For more information, contact the Civilian Personnel Office, Bldg. 520, Room 231 or call 302-677-4655

PHONE: 1-800-222-0364 (1-888-262-7848 tty) -- accessible 24/7/365

WEBSITE LINK: www.FOH4You.com and <http://foh.hhs.gov/default.asp>

Family Advocacy

Family Advocacy

The goal of the Dover AFB Family Advocacy Program (FAP) is the prevention and treatment of domestic violence. FAP is responsible for assessing all allegations of child abuse/neglect and partner abuse/neglect. FAP offers training classes for the Dover AFB community supporting healthy relationships, anger management, and parenting. Victim advocacy services are available through the Domestic Abuse Victim Advocate (DAVA). FAP is located in the Mental Health Flight in the 436th Medical Group Clinic.

BENEFICIARIES SERVED -- MALTREATMENT INTERVENTION: Active duty service members of all branches and their family members as well as Reservists on active orders.

BENEFICIARIES SERVED -- PREVENTION CLASSES: All members of the Dover AFB community.

BENEFICIARIES SERVED -- DAVA SERVICES: Active duty service members of all branches and their family members, Reservists on active orders and their family members, as well as retirees on a space available basis.

LOCATION: 300 Tuskegee Blvd.

PHONE: 302-677-2711

AFTER DUTY HOURS: Contact Security Forces at 302-677-6664

DOMESTIC ABUSE VICTIM ADVOCATE 24/7 EMERGENCY HOTLINE: 302-213-3508

Websites: www.dover.af.mil/units/familyadvocacy/index.asp and www.dover.af.mil/caf/index.asp

Health Promotions

Health Promotions

Health Promotions offers services and resources targeting the health promotion and wellness needs of the base population. Health Promotions is located within the Dover AFB Fitness Center.

BENEFICIARIES SERVED: Contact Health Promotions at 302-677-3733 for details.

LOCATION: 423 Chevron Avenue (Fitness Center)

PHONE: 302-677-3733

WEBSITE LINKS: www.dover.af.mil/units/healthandwellnesscenter.asp and www.dover.af.mil/caf/index.asp

Legal Office

Legal Office

The Legal Office provides free legal assistance for personal and civil legal issues to all eligible service members, dependents, and retirees.

Practice areas include divorce/child custody, wills, landlord/tenant, consumer law, immigration, and more. To make an appointment with an attorney, call 302-677-3300 or stop by the Legal Office front desk in Bldg. 200. Walk-in legal assistance is available from 0900-1000 hrs every Thursday for Active Duty personnel in uniform only.

NOTE: Consultation with a legal assistance attorney is confidential except for the limited circumstances addressed in Air Force Rule of Professional Conduct 1.6 (AFI 51-110, Attachment 2)

BENEFICIARIES SERVED: Service members on active duty orders, dependents, and retirees.

LOCATION: 200 Eagle Way (Bldg. 200)

PHONE: 302-677-3300

WEBSITE: <http://www.dover.af.mil/units/436thawstaffjudgeadvocate.asp>

MFLC

Military & Family Life Counselor

The Military and Family Life Counselor (MFLC) provides short term, non-medical counseling for active duty personnel and their family members. The MFLC also provides counseling for retired service members with less than 180 days from separation. The MFLC is located within the Airman and Family Readiness Center (A&FRC).

BENEFICIARIES SERVED: Active duty personnel of all branches and their family members as well as retirees of all branches with less than 180 days from separation.

LOCATION: 846 Sumner Drive (Base Housing area)

PHONE: 302-379-6411 or 302-677-6930

A Military and Family Life Counselor (MFLC) is also available at the Child Development Center and the Youth Center to provide short term, non-medical counseling for children and their families.

CHILD AND YOUTH MFLC: 302-287-0948

Medical Provider

Medical Provider

Medical providers are physicians, physician assistants, and nurse practitioners providing medical care within the 436th Medical Group Clinic. Appointments are required. Medical providers can make referrals to other resources as needed. Please note there are no after-hours or emergency services available at this clinic.

BENEFICIARIES SERVED: The Family Health providers serve all active duty, dependents, and retirees up to the age of 65.

LOCATION: 300 Tuskegee Blvd.

APPOINTMENT PHONE LINE: 302-730-4633

APPOINTMENT SCHEDULING WEBSITE: www.Tricareonline.com

WEBSITE LINK: www.dover.af.mil/units/436thmedicalgroup.asp

Mental Health

Mental Health

The Mental Health Clinic provides outpatient clinical and psychological services for active duty members. Mental Health is staffed by licensed and credentialed psychologists and clinical social workers who assist members with addressing psychological issues that may impact mission readiness, fitness for duty, and safety. The Mental Health Flight is located within the 436th Medical Group Clinic. Hours of operation are M-F 0730-1630. After hours emergencies should be referred to the closest emergency room.

BENEFICIARIES SERVED: Active duty service members of all branches and Reservists on active orders.

LOCATION: 300 Tuskegee Blvd.

PHONE: 302-677-2674

WEBSITE LINKS: www.dover.af.mil/units/436thmedgroup/mentalhealth/index.asp and www.dover.af.mil/caf/index.asp

SARC

Sexual Assault Response Coordinator

The Sexual Assault Prevention and Response (SAPR) office and its Volunteer Victim Advocates respond 24/7 to incidences of sexual assault. The SAPR program also provides sexual assault awareness and prevention training, education, and victim advocacy services. Restricted and unrestricted reports can be made directly to the Sexual Assault Response Coordinator (SARC).

BENEFICIARIES SERVED: Active duty, Guard, and Reserve service members and their dependents over age 18 years, as well as DoD civilian employees.

LOCATION: Bldg. 263, Room 333

DUTY HOURS PHONE: 302-677-3680

24/7 SEXUAL ASSAULT REPORT HOTLINE: 302-363-7272 (SARC)

DOD SAFE HELPLINE: 877-995-5247

WEBSITE LINKS:

www.dover.af.mil/caf/sapr/index.asp and www.dover.af.mil/caf/index.asp

SLO

School Liaison

The School Liaison (SLO) serves as the installation's point of contact for military child education issues and provides support services to military families with special needs. Goals of the program are to promote parental involvement in a child's education to better ensure academic success, to coordinate educational transition-related resources with military families, and to provide resource materials and information on local schools serving children from preschool through college. The SLO initiates, facilitates, and promotes programs on base and in schools aimed at supporting the unique needs and experiences of military students and their families. As part of the Exceptional Family Member Program (EFMP) team, the SLO coordinates recreational and educational opportunities for special needs families through collaboration with community organizations.

BENEFICIARIES SERVED: Active duty service members and their family members; Reserve and Guard members on active orders and their family members; DoD civilian employees and their family members; and EFMP-enrolled families.

BENEFICIARIES SERVED -- EDUCATIONAL WORKSHOPS AND EFMP SOCIAL/RECREATIONAL EVENTS: All members of the Dover AFB community.

LOCATION: 864 Center Road (base housing)

PHONE: 302-677-6383

WEBSITE: www.facebook.com/doverslo and www.doverafb436fss.com/pages/main-website/afrc/programs/school-liason.php