



Would you like help with. . .

1. Difficulties in your marriage
2. Struggles with your children



Free and confidential help is available through the FAST program

Q: What is the FAST program?

A: Counseling for family related issues focusing on creating happy and safe families.

Q: Is it really confidential?

A: YES! Your visit to the FAST program is not reported to supervisors or commanders.

Q Your office is in the Med Group, what about my medical record?

A: Visits to the FAST program are NOT a part of your regular medical record. FAST records do not follow you to your next base either!

Q: How do I schedule an appointment?

A: Scheduling an appointment is easy. Just call the Family Advocacy office at 677-2711 and ask for a FAST appointment.

